

Menu for October 1 - October 7

DAY	Breakfast	Lunch	Dinner
Monday	Baked French Toast Bananas & Strawberries	Chicken and Veggie Sliders Coleslaw	Mac & Cheese Green Beans and Rolls
Tuesday	Eggs Your Way Bacon & Veggie Bacon	Twice Baked Potatoes Fruit Salad	Veggie Chili Cornbread & Carrots
Wednesday	Blueberry Pancakes Applesauce	Build Your Own Sandwich Grapes	Turkey Dinner Cranberry Sauce and Squash
Thursday	Egg Casserole Tatertots	Minestrone Soup Creamed Corn	Meatloaf Potato Salad & Spinach
Friday	Apple Cinnamon Baked Oatmeal Sausage and Veggie Sausage	Veggie Pot Pie Jell-O Salad	Broccoli & Cheese Casserole Three bean salad
Saturday	Breakfast Potato Casserole Side of Fruit	Baked Chicken/Veggie Meat Orzo Pasta Salad	Tuna Melt or Grilled Cheese Broccoli Salad
Sunday	Eggs Your Way Fresh Muffins	Baked Ziti Pasta Mixed Vegetables	German Soup Sauerkraut & Rye Bread

ALWAYS AVAILABE – Milk, Tea, Coffee, Juice

Breakfast – Cereal, Oatmeal, Fruit, Toast

Lunch and Dinner – Soups, Simple Sandwiches, Fruit